

Research Article

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Research on the Dilemma and Counter measures of Internet Violence Management among Chinese College Students

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Abstract

With the rapid development of the Internet, online violence has become an issue of common concern to everyone. College students are in a period of perfect psychological development and are more susceptible to online violence. The article analyzes the dilemma of controlling online violence among Chinese college students and explains the difficulties in solving online violence among college students. Finally, suggestions for solving the dilemma are put forward to provide reference for governments and schools in managing college students' online violence.

Introduction

With the rapid development of Internet technology, the Internet has gradually become an important platform for people to learn, entertain and socialize, and has a subtle impact on all aspects of learning and daily life. At the same time, the anonymity, virtuality and uncertainty of cyberspace also provide a breeding ground for cyber violence. The related term "tyranny of the

majority" is more popular. With the rapid development of the Internet, the phenomenon of cyber violence that is derived from it continues to occur frequently. It requires attention, symptomatic analysis of various solutions and effective preventive measures to reduce the phenomenon of cyber violence and create a good and clean Internet environment.

College students are more susceptible to online violence due to their main characteristics such as their immature minds. At present, research on college students' exposure to online violence mainly focuses on psychological effects, preventive measures, and intervention strategies. Research methods include questionnaires, in-depth interviews and case analysis. College students are in a period of perfection in their psychological development. Their self-awareness and emotional management abilities are not yet fully mature, and they are easily affected by many external factors. With the rapid development of the Internet and the rapid transmission of information, college students are highly dependent on the Internet, and long-term use of the Internet increases the risk of exposure to cyber violence. In addition, when exposed to online violence, college students may suffer from psychological problems such as anxiety and depression. Through in-depth research on the background and impact of college students' exposure to online violence, we can provide scientific basis for formulating effective prevention and intervention measures to protect the mental health and social well-being of college students.

Analysis on the Dilemma of Managing College Students' Internet Violence

Environment: Shallow thinking, high sensibility, unchangeable social status quo

The anonymity of the Internet provides college students with a relatively free space for expression without a sense of immediate responsibility, making them more likely to be driven by emotions when facing hot or controversial topics on the Internet, rather than expressing opinions after careful consideration. This rapid release of emotions is often accompanied by extreme language and aggression. Unintentionally causing online violence against others. In addition, the "like" and "retweet" mechanisms on social media further amplify the power of emotional resonance,

allowing the radical remarks of individuals that may have originally been spread rapidly to form mass online violence incidents. The difficulty in preventing such violence lies in how to protect freedom of speech while guiding college students to learn to think rationally, control their emotions, and be aware of the profound impact their words and deeds in cyberspace may have on others. At the same time, in the current social environment, the reality of fierce competition and huge pressure makes college students face unprecedented psychological pressure. This pressure may be amplified in cyberspace because the Internet provides a relatively anonymous and responsibility-free environment, making it easier for people to release their inner negative emotions. At the same time, society's excessive pursuit of success and fame may lead college students to behave more utilitarian and short-sighted on the Internet, ignoring moral and legal constraints. Society's cognition and attitude towards online violence also affect the behavior of college students to a certain extent. If society generally believes that online violence is a trivial matter, or the punishment for online violence is not strong enough, then college students may think that participating in online violence is acceptable, which will undoubtedly make it more difficult to prevent and manage online violence. System: Lack of regulations, little basis, and unavoidable legal gaps

Under the current legal system framework, an important difficulty facing the prevention and management of online violence among college students is the lack of clear regulations and basis. With the rapid development of Internet technology, behavioral patterns and interaction methods in cyberspace are changing rapidly, which makes it difficult for the traditional legal system to keep up with changes in the online environment, especially when dealing with emerging cyber violence issues. Existing laws often do not have specific provisions for cyber violence, or even if they do have relevant provisions, they are often difficult to be effective due to vague definitions and difficulty in

enforcement. For example, there are various forms of online violence, including verbal attacks, rumor spreading, human flesh searches, etc. The legal definitions and punishment standards for these behaviors are not uniform, making it difficult to accurately judge and effectively punish in actual operations. In addition, the cross-regional nature of cyber violence also brings challenges to the application of laws. Legal differences in different regions may lead to very different penalties for the same behavior in different places. This legal gap makes it possible for perpetrators of cyber violence to evade legal sanctions. Another difficulty lies in the implementation difficulties caused by legal gaps. Due to the lack of specific legal basis, law enforcement agencies often feel at a loss when handling online violence cases. Even if a victim reports a crime, the police may have difficulty opening a case for investigation due to the lack of clear legal guidance, or may encounter problems such as difficulty in collecting evidence and determining the responsible party during the investigation. This uncertainty in the implementation of the law not only weakens the deterrence of the law, but also makes victims feel helpless and disappointed, and may lose confidence in the law. At the same time, the legal gap also results in the lack of unified standards for the public's understanding and attitude towards online violence, which may lead to an increase in the public's tolerance for online violence, thereby contributing to the occurrence of online violence to a certain extent. Therefore, the imperfection of the legal system and the difficulties in enforcement make the prevention and management of online violence among college students a complex and arduous task.

Enforcement: low enforcement, high prevalence, countless sources of violence

Cyber violence often occurs in virtual space, and its concealment and anonymity make it extremely difficult to track and locate the perpetrators. Even if the victim is able to identify the perpetrator, law enforcement agencies often encounter obstacles in the implementation process due to the lack of effective legal tools and technical means.

Evidence of cyber violence often exists in electronic form, which is easily tampered with or deleted, making it difficult to form a strong chain of evidence in legal proceedings. Low execution efficiency not only makes victims feel helpless, but also makes potential perpetrators feel that the legal deterrent is insufficient, so they may engage in cyber violence more unscrupulously. In the vast space of the Internet, everyone can easily become a publisher of information, which has led to the rapid spread of online violence and its wide-ranging impact. College students are an important group of Internet users. Their behavioral patterns and psychological characteristics make them more likely to become participants or victims of online violence. As there are many sources of online violence and they are distributed on different social platforms and online communities, this makes prevention and governance extremely complex. Each source may be the starting point of a new violent act, and the openness and interconnectedness of the network allow these acts to spread quickly, forming a chain reaction. This high prevalence and uncertainty of the source make the prevention and management of college students' cyber violence a challenge that requires continuous attention and dynamic response. Growth: Lack of care, lack of consideration, family background that cannot be left behind

During the growth of college students, the family environment has a profound impact on their behavioral patterns and mental health. In modern society, many families are busy with work and have high pressure in life, and it is often difficult for parents to give their children enough attention and companionship. This lack of caring environment can lead to college students feeling emotionally lonely and empty, and they may turn to the Internet for validation and solace. However, the online world is complex and ever-changing. In the absence of family guidance and supervision, college students are easily affected by bad information and even participate in online violence. Poor communication and emotional alienation in the family may also lead college students to choose to vent their emotions online when faced with conflicts and pressure. Once this

behavioral pattern is formed, it may become a potential source of cyber violence.

Every family has its own unique culture and values, and these background factors invisibly shape college students' worldview and behavioral norms. In some families, there may be tolerance or neglect of violence, and this attitude may be internalized by college students and manifested in online behaviors. At the same time, conflicts and contradictions in the family may also become the catalyst for online violence among college students. For example, unstable factors such as domestic violence or parental divorce may cause college students to be emotionally traumatized, and their aggressive behavior online may be a diversion from dissatisfaction with reality. The influence of this family background is profound. It not only affects the psychological state of college students, but also affects their cognition and attitude towards online violence. Therefore, the complexity and diversity of family environments bring additional challenges to preventing and managing cyber violence among college students.

Education: Emphasis on knowledge, sparing care and emotional pressure that cannot be eliminated

In the current education system, knowledge transfer is often given top priority, while emotional education and psychological care are relatively weak. As an important place for college students to grow up, schools' education models often focus on the instillation of subject knowledge and the pursuit of test scores, while neglecting the satisfaction of students' emotional needs and concern for their mental health. In this environment, college students may accumulate a lot of emotional stress and lack effective ways to release and regulate this stress. When they encounter conflict or frustration online, these pent-up emotions may explode in violent forms. There is also a lack of emphasis on Internet literacy and moral education in the education system, causing college students to lack the necessary discernment and self-protection awareness when facing the online world, which

undoubtedly increases their risk of participating in online violence. In a highly competitive learning atmosphere, college students are under pressure from many aspects such as academic study, peer comparison and future planning. If these stresses are not properly channeled and alleviated, they may transform into negative emotional reactions such as anxiety, depression, and aggression.

As a relatively anonymous and free space, the Internet provides college students with an outlet to release their emotions, but it may also become a platform for them to express dissatisfaction and aggression. Educational institutions often lack effective strategies and resources when dealing with these emotional stressors, which makes college students more likely to adopt extreme online behaviors when faced with stress.

Psychology: less rational, more empathy, and the herd mentality that cannot be shaken off

In cyberspace, the rapid dissemination and anonymity of information make it easy for emotions to be amplified. As a young group, college students are often emotional and impulsive. They are easily attracted by inflammatory remarks without careful consideration and show less rational thinking. They are more likely to respond based on emotional resonance rather than factual basis. Although this "multi-empathy" can enhance social cohesion, it also provides a breeding ground for online violence. The difficulty in prevention lies in how to cultivate students' critical thinking and information screening abilities without weakening the valuable quality of empathy, so that they can empathize with and analyze calmly when facing online incidents, avoid blindly following the trend, and reduce irrational online violence.

Another difficulty lies in the "herd mentality" that is difficult to completely get rid of. Human beings have an innate need to seek a sense of belonging and identity, and in an online environment, this need is often satisfied by participating in group actions. When online violence occurs, some college students may choose to join the violence

out of fear of being isolated or to show their consistency with the group, even if they do not fully agree with the behavior. This herd mentality makes the spread of online violence more rapid and difficult to control. The difficulty in governance is how to break this invisible "group pressure" and encourage college students to have the courage to think independently and say "no" to unreasonable online behaviors. This requires educators and all sectors of society to work together to create an online environment that is open, inclusive, and respectful of differences, and at the same time strengthen the cultivation of college students' Internet literacy and legal awareness, so that they realize that true belonging is based on mutual respect and understanding, rather than blindly following the trend and harming others.

Suggestion and discussions

Establish and improve laws and regulations

Relevant government departments should promulgate special laws and regulations on cyber violence as soon as possible to ensure a positive and healthy Internet ecology. The first is to improve the legal system for privacy protection. Relevant national departments must take into account the current status of online privacy protection in my country, refine laws and regulations such as the Online Privacy Protection Law, and increase penalties for illegal acts that infringe on privacy rights. The second is to effectively implement the network hierarchical real-name system. Implement different standards of real-name policy for different levels and types of network services.

Strengthen content information management

Social platforms should further strengthen the main responsibility of disseminating platform information content management, improve platform community rules, strengthen account standard management, improve content review

mechanisms, improve the quality of information content, standardize the dissemination of information content, and insist on operating in compliance with laws and regulations.

Strengthen online moral teaching

Schools need to pay attention to the cultivation of ideological, moral and legal education of college students, and cannot pay too much attention to cultural education. The survey found that some college students have a shallow understanding of online violence, have incorrect ways of responding to online violence, and their attitudes towards online violence need to be corrected.

Active communication promotes growth

Family atmosphere has a profound impact on college students' cyber violence. First of all, parents need to actively guide college students' Internet use. Establish family network security awareness, educate how to use the Internet correctly, and correctly understand and treat online violence. Parents can set Internet usage rules, including limiting usage time, monitoring Internet content, and sharing Internet experiences with college students, so as to have a dialogue with college students and convey correct Internet values. Secondly, pay attention to communication and family interaction.

Insufficient

The problem of online violence among college students has become increasingly prominent, and its impact is widespread. It not only penetrates into major campuses, but also involves all types of college student groups. It has become a social issue that cannot be ignored. Research on the current situation, causes and countermeasures of college students' cyber violence is related to the healthy growth of college students, the harmony and stability of society and the purification of the Internet ecology. Although this article combines theoretical discussion, policy analysis, and

practical case analysis, it still has many shortcomings and needs to be further deepened. On the one hand, this study mainly focuses on the universal characteristics of online violence among college students, and there is insufficient in-depth exploration of the unique experiences and psychological mechanisms of different individual college students in the online environment, which to a certain extent limits the research's insight and explanatory power on special cases. On the other hand, the problem of cyber violence is highly dynamic and complex, and its triggers, manifestations, and consequences may change with changes in the Internet environment, social emotions, and individual psychological states, making it difficult to fully capture and analyze in depth.

In response to the above shortcomings, researchers will be committed to continuously improving their professional quality and research capabilities, enriching theoretical reserves, and strengthening empirical research methods through interdisciplinary learning, striving to propose more accurate and effective solutions in future research, and contribute to curbing the phenomenon of online violence among college students. At the same time, we also call on all sectors of society, including educators, legal experts, psychologists, and network platform operators, to jointly explore ways to build a healthy and safe network environment based on their respective professional fields.

Follow-up research

The formation of online violence among college students is a complex process intertwined with multiple dimensions and factors. It is closely connected with the macro-social environment and cultural background, and is also profoundly affected by the individual psychological development of college students, family education, peer relationships and other micro-level factors. Although this study has tried to analyze its causes from the four dimensions of "government governance", "social environment",

"home and school management" and "personal behavior", given the complexity and diversity of cyber violence, the current analytical framework is still rough and difficult to fully cover all key elements.

In follow-up research, the research objects should be further refined, and the method of controlling variables should be used to deeply explore the specific manifestations and differences in cyber violence among college students from different regions, different socioeconomic backgrounds, and different Internet usage habits. At the same time, in-depth research on the mechanisms, transmission paths and consequences of cyber violence should be strengthened, and modern technological means such as big data analysis and artificial intelligence should be used to improve the scientific nature and accuracy of the research. In addition, attention should also be paid to the effectiveness evaluation of cyber violence prevention and intervention strategies, and continuous optimization of strategy design through practical feedback to provide strong support for building a clear cyberspace.

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