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GC-MS Analysis, Antibacterial and Antibiofilm Activity of fractions of Goat weed (*Ageratum conyzoides***) against MDR** *Streptococcus pneumoniae* **isolated from a hospital in Southern Nigeria**

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Abstract

The increasing number of multidrug-resistant bacterial pathogens causing diverse infections is a major public health concern worldwide, particularly in hospitals and other health care settings. So, the search for new alternative products to solve this problem is the question of the age. Plants are recognized in the pharmaceutical industry due to their broad spectrum of structural diversity and their wide range of pharmacological activities. This study is designed to assess the bioactive components of the plant fractions, antibacterial and antibiofilm activity of Goat weed (*Ageratum conyzoides*) against multidrug-resistant (MDR) *Streptococcus pneumoniae* isolated from a hospital in Southern Nigeria. The test organism was collected from Microbiology Laboratory, University of Calabar Teaching Hospital (UCTH), Calabar, Nigeria. The isolate was authenticated by standard bacteriological methods. The test organism was subjected to antimicrobial susceptibility profiling using disc diffusion technique to determine multidrug resistance status. Based on previous preliminary *in vitro* screening, *A. conyzoides* plant's fractions were subjected to GC-MS analysis to identify and quantify various phytoconstituents. Antibacterial activity of the leaf fractions was determined by agar well diffusion method. MICs and MBCs were evaluated using microdilution assay. A modified crystal violet assay was used to determine antibiofilm activity of the fractions and Optical Densities (ODs) were recorded. Results showed that the isolate was multidrug-resistant withpercentage resistance of 46.66%. Results of phytochemical screening revealed the presence of saponins, tannins, flavonoids

Keywords

multidrug-resistance, GC-MS, Ageratum conyzoides, fractions, biofilm.

alkaloids, triterpenes/steroids, cardiac glycosides and free anthraquinone in fractions of the plant. GC-MS analyses of fractions revealed various phytochemicals at molecular level and their concentrations in percentage, which include phytol, benzenedicarboxylic acid, phenols, flavones, etc. Fractions from *A. conyzoides*(especially n-hexane and ethylacetate fractions) demonstrated strong antibacterial activity with zones of inhibition ranging from 9mm to 23mm. MICs and MBCs of the various fractions varied, with the lowest MIC (6.25mg/mL) from n-hexane fraction. ODs indicated that the fractions had remarkable capacity to reduce biofilm formation. This study has demonstrated that the fractions of *A. conyzoides* had varying degrees of antibacterial activity against bacterial planktonic and biofilm forms. Therefore, this evidence suggests that this plant can be used as alternative treatment measures to conventional antibiotics if properly harnessed.

Introduction

Antibiotics are natural products synthesized by microorganisms that act against other microbes [9]. A few entirely synthetic molecules have been developed to tackle various diseases. Chemical modifications to the original antibiotic molecules have been made to increase potency, to improve solubility and pharmacokinetics and to evade resistance mechanisms[1]. This principle was first applied empirically to modify sulphanilamide and achieved great success with modifications to lactams [10].

For years, many antimicrobial agents have been used to control or eliminate bacteria from hospitals and for the treatment of common bacterial infections of public health importance[12,79]. Antibiotics are one of our most powerful tools for fighting life-threatening infections[13]. Unfortunately, however, the irrational use of these antibacterial agents has produced strains of multiple antibiotic resistant bacteria in households, hospitals, etc. [14]. Antibiotic resistance is the ability of microorganisms to defeat the drugs designed to kill them or inhibit their growth [15].

Human pathogens such as *Staphylococcus aureus*, *Salmonella* t*yphi*., *Streptococcus pneumoniae, Shigella dysenteriae*, *Escherichia coli*, *Pseudomonas aeruginosa,* etc. have been isolated from different patients in several hospitals with some of the isolates recording high level of antimicrobial resistance to the commonly used antibiotics[1,16].

Resistance to antibiotics has become a major public health problem worldwide as it reduces the effectiveness of treatments and increases morbidity, mortality, and health-care cost [17,73]. Another drawback of the indiscriminate use of conventional antimicrobials is their failure to treat infections caused by bacteria when they form biofilm [10].

Microbial biofilms are communities of bacteria, embedded in a self-producing matrix, forming on living and non-living surfaces [80]. Biofilm associated cells have the ability to adhere irreversibly on a wide variety of surfaces, including living tissues and indwelling medical devices as catheters, valves, prosthesis, and so forth [18]. Biofilm are considered an important virulence factor that causes persistent chronic and recurrent infections; they are highly resistant to antibiotics and host immune defense [19]. protected within biofilm exopolysaccharides are up to 1,000 times more resistant to antibiotics than planktonic cells (freeliving), which generates serious consequences for therapy and complicated treatment options. An estimated 75% of bacterial infections involve biofilms that are protected by an extracellular matrix, and most of these pathogens are implicated in nosocomial infections [14,20].The increased biofilm resistance to conventional treatments enhances the need to develop new control strategies [21].

Biofilm inhibition is considered as major drug target for the treatment of various bacterial infections, and pharmacological development of

these drugs is now extensively studied [22]. In recent years, **s**everal green nonlethal strategies for biofilm control have been developed, because the mode of action of these novel antibiofilm agents is much less susceptible to the emergence of resistance. However, although they are promising strategies, they have disadvantages because none have been totally effective [23].

One promising alternative is the search for naturally occurring compounds of plant origin capable of blocking biofilm formation and killing or inhibiting the growth of biofilm-forming bacterial pathogens [24]. Historically, plant extracts and their biologically active compounds have been a valuable source of natural products, which have played a central role in the prevention of and treatment of diseases, helping to maintain human health [76]. Furthermore, they are widely the accepted due to the perception that they are safe and have a long history of use in folk medicine to cure diseases since ancient times [25] Today, more than 25% of prescribed drugs that are used in the treatment of diseases, in one way or the other contain natural substances that comes from plant [26,27,28].

Ageratum is one of the genera which belongs to the family Asteraceae and consists of 30 species [29]. *Ageratum conyzoides* (Goat weed) is one of the mostly commonly known species of this genus. It is a tropical plant found commonly in western and eastern regions of Africa, in some regions of Asia and South America [31]. The leaves are consumed as vegetable [32]and has been traditionally used as a purgative, febrifuge, emetic, anti-spasmodic and anti-asthmatic[33]. The most common use of this plant is to cure wounds and burns[6]. In Nigeria, it is reportedly used in the treatment of typhoid fever and diarrhoea[3]. It has also been found useful as styptic and anti-dysenteric, antimicrobial, antiinflammatory, analgesic, antipyretic, antiparmedic, gastroprotective, anti-ulcer, insecticidal and herbicidal [5,4,6].

However, there is need to scientifically study the phytochemical composition of *A. conyzoides* in order to unravel the basis for its medicinal value

by using suitable qualitative and quantitative techniques. The combination of an ideal separation technique (Gas Chromatography) with the best identification technique (Mass Spectrometry) made GC-MS an ideal technique for qualitative and quantitative analysis of volatile and semi-volatile compounds[2]. GC separates the constituents; mass spectrometry determines the molecular weight of these compounds. Mass spectrometry is a powerful analytical technique for the identification of unknown compounds, quantification of known compounds and to elucidate the structure and chemical properties of molecules. Through MS spectrum the molecular weight of sample can be determined. This method is mostly employed for the structural elucidation of organic compounds, for peptide or oligonucleotide sequencing and for monitoring existence of previously characterized compounds in complex mixtures with a high specificity by defining both the molecular weight and a diagnostic fragment of the molecule simultaneously [34].

Therefore, this study was designed to assess the bioactive components of the fractions, evaluate antibacterial and antibiofilm activity of Goatweed (*A.conyzoides*) against multidrug-resistant (MDR) *Streptococcus pneumoniae* isolated from a hospital in Southern Nigeria.

Materials and Methods

Collection and identification of plant materials

The fresh leaves of *A. conyzoides* were collected from Cross River National Park and jointly identified by the Departments of Botany, University of Calabar and Plant Science and Biotechnology, University of Cross River State, Nigeria.

Preparation of plant materials

The freshly collected leaves were washed thoroughly in tap water, followed by successive washing in distilled water, and air-dried under room temperature (24° C – 34° C) for 7 days. Upon

drying, the leaves were ground using electrical blender. The powdered samples were stored in airtight containers and kept at room temperature until required [36,38].

Extraction of plant material

Five hundred grams (500g) of the powdered plant were weighed with electric weighing balance (Gerhardt, England) and transferred into 10 litrebeaker containing 5000ml of methanol. The extraction was carried out by maceration for 72h at room temperature $(25\pm2\degree C)$ using 99.9% methanol as solvent with intermittent agitation for maximum extraction of phytochemicals. The solvents extracted material was filtered and dried in a vacuum rotary evaporator (LabTech Ltd., England). It was weighed and stored at 4°C for further analysis [37].

Partitioning of leaf extract of plant

The methanolic leaf extract of the plant was weighed (50g) and dissolved in distilled water (500 mL) and partitioned successively with n hexane, dichloromethane, ethylacetate and water (aqueous) using separating funnel (Pyrex, England). Their respective liquid fractions were concentrated at 40° C to dryness using rotary evaporator. The fractions were weighed and stored in a refrigerator at 4° C until when needed for further studies. The extraction and partitioning procedures of the leaves of both plants are highlighted schematically in Figure 1.

The percentage yield of methanolic leaf extract of *A. conyzoides* was calculated using the formula:

Percentage yield (%)

= Dry weight of extract x 100 Dry weight of plant material1

Preliminary phytochemical screening of fractions

The qualitative phytochemical screening was conducted on the n-hexane, dichloromethane, ethyl acetate, and aqueous fractions of

A. conyzoides leaves in accordance with standard methods to identify the various classes of bioactive compounds present [72,78].

Gas Chromatography-Mass Spectrometry (GC-MS) analysis of plant fractions

Gas chromatography-mass spectroscopy (GC- MS), a hyphenated system that is a very compatible technique and the most commonly used technique for the identification and quantification of phytochemicals was employed in this study. The unknown organic compounds in the complex mixture can be determined by interpretation and also by matching the spectra with reference spectra [39].

A solvent blank analysis of the fractions was first conducted using 1 μl of absolute methanol. Then 1 μl of the reconstituted solution was employed for GC-MS analysis as previously described with modifications [40,41]. GC-MS analysis was carried out on a GC system comprising a Gas Chromatograph interfaced to a Mass Spectrometer (GC-MS) instrument; Schimadzu GCMS- QP2010, employing the following conditions: Column Elite-1 fused silica capillary column (30×0.25 mm ID×1EM df, composed of 100% Dimethyl poly siloxane), operating in electron impact mode at 70 eV; helium (99.999%) as carrier gas at a constant flow of 1ml/ minute and a sample injection volume of 1 μl which was employed (split ratio of 10:1) injector temperature 250°C; ion-source temperature 280°C. The oven temperature was programmed from 110°C (isothermal for 2 minutes), with an increase of 10°C/minute, to 200°C, then 5°C/minute to 280°C, ending with a 9 minutes isothermal at 280°C. Mass spectra were taken at 70 eV; a scan interval of 0.5 s and fragments from 40 to 550 Da. Total run time was 30 min. The compounds were then identified from the GC-MS peaks, using library data of the corresponding compounds. GC- MS was analyzed using electron impact ionization at 70 eV and data was evaluated using total ion count (TIC) for compound identification and quantification. The spectra of the components were compared with the database of spectrum of known components stored in the GC-MS library

using National Industrial Securit Program (NISP) Search. The relative % amount of each component was calculated by comparing its average peak area to the total areas. The retention Evaluation time, which is the time elapsed between injection and elution was also used in differentiating compounds. Measurement of peak areas and data processing were carried out by Turbo-Mass- OCPTVS-Demo SPL software.

Collection of test organism

A strain of pathogenic *Streptococcus pneumoniae* was obtained from the Microbiology Laboratory, University of Calabar Teaching Hospital (UCTH), Calabar, Cross River State, Nigeria. The organism was authenticated by standard bacteriological protocol and molecular analysis using 16S rRNA gene sequencing by Sanger method [42]. The clinical bacterial isolate was maintained on nutrient medium at 37 °C for further study.

Determination of multidrug-resistant (MDR) status of test organism

The test isolate was investigated for multidrugresistance status by Kirby Bauer disc diffusion method [7,8].A total of fifteen (15) antibiotics belonging to six (6) classes of drugs were used in this study. The experiment was performed according to the guidelines given by [43]. Resistance of isolate to antibiotics was determined on Mueller-Hinton agar plates augmented with 5% sheep blood. The inoculum size of the organism was adjusted to the turbidity equivalent of 0.5 McFarland standard. The diameter of the zone of inhibition for each test antibiotic was measured and sensitivityor resistance estimated by comparing with zone diameter interpretive standard [43]. Antibiotics discs (Oxoid Ltd., England)employed in this assay include ciprofloxacin (10mcg), chloramphenicol (30mcg), gentamicin (30mcg), streptomycin (30mcg), erythromycin (10mcg), ampicillin (10mcg), amikacin (10mcg), levofloxacin (30mcg), ceftazidime (20mcg), cloxacillin (10mcg), septrin (30mcg), oxacillin (10mcg), amoxillin (10mcg), augmentin (30mcg) and ciprofloxacin (20mcg). Multidrug resistance

status was taken as resistance to one drug in three or more groups of antibiotics [43].

Evaluation of antibacterial activity of phytochemical fractions

antibacterial effects of fractionated compounds against bacterial isolates were determined by Agar well diffusion technique described by [44]. Minimum inhibitory concentration (MIC) and minimum bactericidal concentration (MBC) were carried out on fractions that showed antibacterial activity. Broth micro-dilution method proposed by [45], with minor modifications was used to evaluate MIC. To determine the antimicrobial activity of each fraction, 100 µl (0.1ml) of fresh culture (approximately 10^6 CFU/ml and equivalent to 0.5 McFarland standard) was uniformly spread onto Muella-Hinton agar (MHA) plates using sterile glass spreader. Then, the plates were allowed to dry under room temperature for 10 minutes. After that, wells of 6mm in diameter were made in the agar using a sterilized cork borer and 100µl of varying concentrations (100mg/mL, 50mg/mL, 25mg/mL, and 12.50mg/mL and 6.25mg/mL) of each fraction was introduced into the wells. The concentrations were prepared using 10% dimethyl sulphuroxide (DMSO). Plates were incubated at 37° C for 24 hrs. Antibacterial activity evidenced by the presence of clear inhibition zones around each well were measured in diameter and recorded. DMSO was used as negative control while chloramphenicol was used as positive control for comparing zones of inhibition as follows: Chloramphenicol (100mg/mL): resistant (14), sensitive (15) [43,46].

Determination of minimum inhibitory concentration (MIC) of the fractions

One hundred microlitre(100µl) of Muella-Hinton (MH) broth (Difco) plus different concentrations of phytochemicals were prepared and transferred to each microplate containing 96 wells to obtain dilutions of double strength, ranging from 6.25mg/mL to 100mg/mL. Then, 10µl of fresh culture standardized according to McFarland 0.5% barium sulphate (approximately 1 x $10⁶$)

CFU/mL) of test organisms was added. Microplates were incubated at 37° C for 24 hrs. MIC value was estimated as the lowest concentration of the fraction that showed no turbidity after incubation. Bacterial suspension in broth were used as negative control, while broth containing standard drug (chloramphenicol) was used as positive control [47].

Evaluation of minimum bactericidal concentration (MBC) of the fractions

To investigate MBC, 100 µl (0.1mL) from each well that showed no visible growth was reinoculated on Muella-Hinton agar plates and incubated at 37° C for 24 hrs. MBC was evaluated as the lowest concentration of the fraction showing no bacterial growth.

Investigation of antibiofilm activity using phytochemical fractions

A modified crystal violet assay was employed to test the effect of fractions on biofilm formation as described by [75]. Two-fold serial dilutions of fractions were made in sterile 96 flat wells microliter plates containing 150 µl of Muella- Hinton broth per well. The test concentrations ranged from 6.25mg/mL up to 100mg/ml of each fraction. A 100 µl (0.1mL) of fresh bacterial suspension adjusted with (0.5McFarland) was added to each well. Positive control (bacterial suspension in broth) and negative control (fraction in broth) were included. Following incubation at 37° C for 24 hours, the content of

each was gently removed by tapping the plates. The wells were washed with 200 ul of sterile distilled water to remove free floating bacteria. Biofilms formed by adherent cells in plate were stained with 0.1% crystal violet and incubated at room temperature for 30 minutes. Excess stain was rinsed off by thoroughly washing with distilled water and plates were fixed with 200 µl of 70% ethanol. Optical densities (OD_{600}) of stained adherent bacteria were measured using ELISA microplate reader (Sunrise $TM - TECAN$, Switzerland).

Results

Physical appearance and percentage yield of extract/fractions from *A***.***conyzoides* **leaves**

Result of the nature and percentage yield of extract/fractions of *A. conyzoides* leaves is presented in Table 1. It revealed that n-hexane yielded more fractions (24.42%) than other solvents. The physical appearance of n-hexane fraction was dark brown in colour and in a powdery form while ethyl acetate was dark brown and sticky in nature. The raw methanolic extract appeared light brown and solid hard with a percentage recovery of 10%. The percentage recovery of dichloromethane was 16.75% and was dark brown in colour and was a solid powder. The least percentage recovery (12%) was obtained in the aqueous fraction and appeared light brown and powdery in colour and form, respectively.

Table 1: Nature and percentage yield of extract/fractions from the leaves of*A***.***conyzoides*

Preliminary screening of fractionated methanolic leaf extract of *A. conyzoides*

The presence of some classes of phytochemicals such as saponins, tannins, flavonoids, alkaloids triterpenes/steroids, cardiac glycosides and free anthraquinone were screened from n-hexane, ethyl acetate, dichloromethane and aqueous fractions. The results obtained from the phytochemical screening of the fractions revealed the presence of saponins in the n-hexane and aqueous fractions, tannins in both ethylacetate and aqueous fractions, flavonoids in n-hexane, dichloromethane (DCM) and ethylacetate fractions, alkaloids in all the fractions, triterpenes/steroids in all the four fractions and free anthraquinone in ethylacetate and aqueous fractions and cardiac glycoside was observed in DCM, ethyl acetate and aqueous fractions (Table 2).

Table 2: Preliminary screening of fractionated extract of *A***.***conyzoides*

 $-$ = Not present; $+$ = low presence; $++$ = moderately present; $++$ = high concentration of

metabolite; DCM = dichloromethane; $%$ = percentage; S = steroids; T = triterpenes.

Gas chromatography-Mass spectrometric result of fractions of *A***.***conyzoides*

Figure 1 reveals the total ion chromatogram (TIC) of n-hexane fraction of *A. conyzoides*. The active principles with their Retention Time (RT), Molecular Formula, Molecular Weight (MW), and Peak Area in percentage (quantity) and identified compound are presented in Table 3. The result revealed the existence of Benzenedicarboxylic acid (29.82%), 9- Octadecanamide (9.10%), 1-Octadecano (4.80%), Isopropyl palmitate (4.55%), and Benzofuran (4.15%), etc. A total of 50 phytochemical constituents were identified and quantified from the GC-MS analysis.

The total Ion Chromatogram (TIC) of dichloromethane fraction of *A. conyzoides*is shown in Figure 2. According to the result shown in Table 4, a total of 50 compounds were revealed in the fraction. The first five compounds in terms of quantity are 9-Octadecanamide (14.19%), Phytol (7.25%), Inden-1-one (6.68%), Acetic acid (6.60%) and Chromene (5.95%).

The spectral characteristics of ethylacetate fraction of *A. conyzoides*are presented in Figure 3 and Table 5. The result indicates that a total of 54 phyto-compounds were quantitatively identified. A select few of the phyto-constituents include 9- Octadecanamide (7.03%), Benzenedicarboxylic acid (6.76%), Phenol (4.42%), n-Hexadecanoic acid (4.39%) and Verrucarol (3.36%).

Figure 4 presents the Total Ion Chromatogram (TIC) of aqueous fraction of *A. conyzoides*. The phyto-characteristics revealed the presence of 41 compounds including their quantities expressed as peak area percentage (Table 6). A few of the phytochemicals include 1,6-Dideoxyl-1-mannitol (27.68%), Butan-2-one isopropryl (8.05%), 1,4- Cyclohexane-diol (4.49%), 9-Octadecanamide (3.29%) and Vitamin E (3.92%).

Table 3: Phyto-components generated in the n-hexane fraction of *A. conyzoides***by GC-MS**

SI = March Factor Based on Library

Table 4: Phyto-components generated in the dichloromethane fraction of *A. conyzoides***by GC-MS**

Peak	Retentio n Time	Peak Area $\frac{6}{9}$	Molecular Formula	Molecular Weight	SI	Name
	7.828	2.15	C_8H_8O	120	91	Benzofuran, 2,3-dihydro-
2	9.253	2.37	$C_6H_{14}O_4$	150	76	1,6-Dideoxy-l-mannitol
3	9.526	3.25	$C_9H_{10}O2$	150	94	2-Methoxy-4-vinylphenol
$\overline{4}$			$C_{11}H_{14}O_3$	194	77	$Bicyclo[4.4.0]dec-5-en-4-one-1-$
	11.506	0.30				carboxylic acid

SI = March factor based on library

Int. J. Adv. Multidiscip. Res. (2023). 10(10): 1-29 Figure 3: Total Ion Chromatogram (TIC) of ethyl acetate fraction of *A***.***conyzoides*

Table 5: Phyto-components generated in the ethylacetate fraction of *A. conyzoides* **by GC-MS**

SI = March factor based on library

Figure 4: Total Ion Chromatogram (TIC) of aqueous fraction of *A***.***conyzoides*

Table 6: Phyto-components generated in the aqueous fraction of *A. conyzoides* **by GC-MS**

 $SI = March$ factor based on library

Susceptibility of clinical *Streptococcus pneumoniae* **to antibiotics**

Table 7 presents the susceptibility of *Streptococcus pneumoniae* isolate to antibiotics. Results indicate that the organism was resistant to seven (7) antibiotics out of the 15 drugs tested.

The isolate was resistant to ampicillin (10mm), amoxillin (11mm), cloxacillin (13mm), gentamycin (14mm), erythromycin (9mm) and amikacin (12mm). However, varying susceptibilities were observed against the other antibiotics. More importantly, it was established that the isolate was multidrug-resistant.

Table 7: Antibiotic resistance of clinical *S***.** *pneumoniae* **isolate**

Percentage resistance of *S***.** *pnuemoniae* **to tested drugs is 46.66%**

 $R =$ resistance, $S =$ sensitive, I = intermediate

Antibacterial activity of fractions of methanolic leaf extract of *Ageratum conyzoides*

Table 8 shows the antibacterial activities of the fractions of methanolic leaf extract of *A*. *conyzoides*. The result indicates that the various fractions had antibacterial activities at various concentrations demonstrated by the zones of inhibition. The fraction obtained from n-hexane inhibited the growth of *S. pneumoniae* with 23.5mm zone of inhibition (as the highest amongst the fractions) at 100mg/mL concentration. Dichloromethane fraction demonstrated antibacterial activity against test isolate with a variety of zone sizes at different concentrations. The fraction produced a zone size of 17.5mm against *S. pneumoniae*at 100mg/mL concentration. Ethylacetate fraction exhibited antibacterial activity with the highest activity (19.5mm)against the organism100mg/mL concentration.Aqueous fraction produced the least activity in relation to the performance of other fractions. The fraction inhibited the growth of *S. pneumoniae* with 15.5mm zone size at the highest concentration (100mg/mL). Generally, it was noted that zones of clearance reduced with decrease in concentration of all fractions.

Table 8: Antibacterial activity of the fractions of methanolic leaf extract of *A***.***conyzoides*

Values are mean of three replicates DMSO – dimethyl sulphuroxide; CPC – chloramphenicol; ± - mean standard deviation; mg/mL – milligram per millimetre; mm –millimetre.

Minimum inhibitory concentration (MIC) and minimum bactericidal concentration (MBC) of fractions of *A. conyzoides***against test organism**

The obtained results showed that MICs and MBCs against tested MDR-bacterial isolate were concentration-dependentin all the fractions (Table 9). It was observed that cells of *S. pneumoniae* were inhibited and killed at 12.5mg/mL (MIC) and 25mg/mL (MBC), respectively by n-hexane fraction. DCM fraction had 12.5mg/mL as MIC and 50.0mg/mL as MBC.Ethyl acetate fraction demonstrated the same MIC and MBC (12.5mg/mL and 25.0mg/mL) as n-hexane fraction. Aqueous fraction of *A. conyzoides*could be said to be bacteriostatic rather than bactericidal as there was no MBCs recorded against the test organism. Also, there was high MIC(50mg/mL) recorded against *S. pneumoniae*.

Table 9: Minimum inhibitory concentration (MIC) and minimum bactericidal concentration (MBC) of fractions of *A. conyzoides***on clinical bacterial isolate**

mg/mL – milligram per millimetre

Antibiofilm activity of the fractions of *A. conyzoides* **against biofilm formation by** *S. pneumoniae*

Table 10 presents the optical densities (ODs) recorded, which indicate antibiofilm formation by different fractions of both plants against test isolates at various concentrations. The results clearly show that effect was concentration dependent. The best biofilm reduction is observed in higher concentrations of fractions (25mg/mL, 50mg/mL and 100mg/mL) obtained from the plant.

 $+$ = Positive control (bacterial suspension in broth); $-$ = negative control (fraction in broth); nm = nanometre

Discussion

This study was aimed at investigating new antibacterial compounds of *A. conyzoides* based on traditional medicinal use for growth and biofilm inhibitory activity targeting identified multidrug-resistant bacteria isolated from clinical specimens. Results obtained in this study through colonial characteristics, microscopy, biochemical characterization and molecular analysis using 16S rRNA gene sequencing, identified *S. pneumoniae*. This pathogen has been isolated from diverse the exponential uncertainty of the control to have also active hospitals worldwide and reported to have also been etiologic agents of many communities and hospital acquired infections [48,49,50].

The negative effect by which antibiotics are The prescribed by unprofessional personnel in the health-care system occasioned by under dosing, over prescription and outright fake drug racketeering, and the use of these drugs in animal husbandry as growth promoters have led to the development of resistance by a variety of pathogens [51,77]. This unpalatable phenomenon is even aggravated when these bacterial pathogens are existing in a biofilm state. Consequently, this has led to high morbidity, mortality and health care cost [30.52]. This study revealed the presence of multidrug-resistant clinical *S. pneumoniae* after subjecting itto fifteen (15) commonly used antibiotics by disc diffusion method. The test organism had 46.66% percentage drug resistance (i.e., resistance to seven antibiotics in more than two classes of drugs). This finding is consistent with other studies, which have reported the resistance of *S*. *pneumoniae* to penicillins, aminoglycosides and macrolides [30,53].

It is interesting to find bioactive compounds of plant extracts, where modern chemotherapy has failed, with activity against MDR strains. In addition, novel anti-infectives that operate through different mechanisms of action, including disruption of membrane function and structure, interruption of DNA and RNA synthesis and function, interference with intermediate metabolism, induction of coagulation constituents and interruption of normal cell communication

(Quorum Sensing) are required [54]. Plants are a good source of natural products for the recovery of bioactive compounds [55]. However, a small number of plants have been investigated for their antimicrobial activity [67].

In this study, methanol was used as primary extraction solvent. It was selected as an extraction solvent because it is one of the best solvents used for the extraction of antimicrobial substances [56,57]. Moreover, methanolic polarity ensured the extraction of polar and moderately polar compounds from plants against microorganisms like terpenoids, tannins, flavonoids and polyphenols [58].

detection of different classes of phytochemicalssuch as saponins, tannins, flavonoids, alkaloids, triterpenes/steroids, cardiac glycosides and free anthraquinones in the leaves of *A. coznyzoides* collaborates other research reports [56,59]. These secondary metabolites have been reported to have considerable antibacterial activities [57].

The quantity of active components in crude extracts from medicinal plants may be small or diluted and when fractionated, these components become concentrated and therefore exhibit greater antibacterial activity. Thus, fractions from crude medicinal extracts have great potential as antimicrobial compounds against microorganisms and can be used as potential sources for antibacterial agents in the treatment of infectious diseases caused by microbes [60].

The susceptibility of MDR-resistant clinical bacterial isolate to the fractions of *A. conyzoides*using agar well diffusion technique is demonstrated in this investigation. However, the agar well diffusion assay is considered a qualitative technique and is mainly used for selecting extracts with antimicrobial activity, mostly when diameter zones of inhibition are

10mm [61,62]. According to the result obtained in this study, the zones of inhibition ranged from 9 – 23mm. An inhibition zone of 10mm was chosen as a cut-off point for bacteria resistance to

plant fractions. The aqueous fraction was bacteriostatic but not bactericidal while others were both bacteriostatic and bactericidal.N- Hexane is a non-polar solvent which must have easily extracted the lipid (fatty acids) soluble phytochemicals such as essential oils and coumarins and diffusion rates of these phytochemicals within the agar matrix may explain the wider zone of inhibition observed [60]. Also, the higher activity of n-hexane fraction at a concentration as low as 6.25mg/mL is attributed to the presence of compounds such as phytol and benzenedicarboxylic acid [57].

Minimum inhibitory concentration (MIC) and minimum bactericidal concentration (MBC) results are comparable to those obtained in the agar-well diffusion technique, because the lowest MIC and MBC were obtained using the fractions showing the best antibacterial activity. The non bactericidal activities are represented as zero (table 8). Generally, n-hexane fraction demonstrated better antibacterial activity followed by ethyl acetate fraction. Aqueous fraction showed moderate activity to the test isolate*.* This was also reported in other empirical studies [60,63].

Gas chromatography-mass spectrometry (GC- MS) analyses of sub-fractions of methanolic leaf extract of the plant revealed at molecular level enormous presence of diverse phyto-components including phenols (known disinfectants). Similarly, other fractions including ethyl acetate, DCM and aqueous were found active against test organism at various concentrations indicating that both polar and nonpolar fractions were active against test organisms, though nonpolar had higher activity. There is a dearth of literature on the detection of these phytochemicals from the leaves of *A. conyzoides* using GC-MS analysis. Most reports are on flower bud extracts and findings were on the existence of classes of phytochemicals (alkaloids, tannins, etc.) and rarely at molecular level [60,63].

The presence of flavonoids, which contain subclass compounds such as taxifolin (flovanol) is abundant in several plants including *A.*

conyzoides; itis an important anti-oxidant while isoflavone, known by its anti-inflammatory and anti-oxidant properties, has been shown to interact with animal and human estrogenic receptors [65]. This compound is often mentioned as responsible for wound healing properties [64]. This explains why this plant is used as folklore medicine. Also, the high antibacterial activities observed in the fractions could be explained by the synergism amongst phytochemicals, e.g., between phenolics and flavonoids, and the assertion that saponins weaken the membranes of bacteria thereby enhancing the penetration of other bioactive components. Synergistic effects enhance activity against microorganisms. This suggestion agrees with the findings of [64]. This combinatorial positive interaction is of vital importance in phytomedicine; it helps to overcome difficulties associated with always isolating a single active ingredient, or to enhance the efficacy of apparently low doses of active constituents in herbal products [66].

Bacterial biofilm remains a global threat to health due to high refractoriness to treatment and the ability to aggravate nosocomial infections. Hence, search for novel efficacious molecules to tackle this problem is a priority [74]. In this study, the activities of the plant's fractions were tested against the biofilms of the bacterial species. The ability of antibacterial agents to inhibit formation of or destruction of biofilms hold promise for reducing colonization of surfaces and epithelial mucosa by microbes [6]. In this study, all the fractions prevented the formation of biofilm [67]. Inhibition of biofilm formation can be explained by the presence of flavonoids, previously reported as quercetin, kaemferol, naringenin, and apigenin, which are capable of reducing biofilm synthesis because they can suppress the activity of the autoinducer-2 responsible for cell-to-cell communication [69].

The excellent ability of the plant's fractions to interfere with the initial stage of biofilm formation of the clinical bacterial isolate may be attributed to interference with forces such as Brownian, sedimentation, Lifshift-Van der Waals and electrostatic interactions forces that favour

the deposition and adherence of bacteria to surfaces [70]. Also, since certain organic and inorganic molecules and other nutrients are 3. important for cell growth and hence cell adhesion [71], it is possible that the plant's fractions may 4. inhibit the availability of nutrients. The active plants fractions may hold promise for reduction of colonization of surfaces and various epithelial tissues of the body, thereby preventing infections.

Conclusion

The capacity of bacterial pathogens to resist antibacterial compounds especially when they are
embedded in biofilm increased the interest in the $\frac{6}{100}$. embedded in biofilm increased the interest in the search for new agents that are effective against bacteria in this mode of growth. In this context, many species of plants provide an enormous diversity of phytochemicals with a range of biological effect, namely antibacterial properties against clinically relevant bacteria. Moreover, it is known that phytochemicals act (especially in synergy) through different mechanisms from those of synthetic drugs, which make these compounds ideal candidates to reduce infections. Some phytochemicals have also the ability to control biofilms, affecting essential processes for bacterial growth. Our results have shown that the $\frac{8}{3}$. fractions of *A*.*conyzoides*had remarkable activity on the planktonic and sessile forms of the clinical bacterial isolate investigated. Therefore, this evidence suggest that this plant can be used as alternative treatment measures to conventional antibiotics if properly harnessed.

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