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# Review Article A Review- Emerging Use of Nano-Based Carriers in Diagnosis and Treatment of Cancer-Novel Approaches

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#### Abstract

# Keywords

Nonomedicine, Nanoparticles, Oncology Despite intensive research efforts, cancer remains one of the leading causes of death in the world. Many new methods and techniques have been developed in order to improve diagnosis and treatment, often promising in the beginning, but with limited results during the course of their application. In recent years, there has been an unprecedented expansion in the field of nanomedicine with the development of new nanoparticles for the diagnosis and treatment of cancer. Nanoparticles have unique biological properties given their small size and large surface area-to-volume ratio, which allows them to bind, absorb, and carry compounds such as small molecule drugs, DNA, RNA, proteins, and probes with high efficiency. Their tunable size, shape, and surface characteristics also enable them to have high stability, high carrier capacity, the ability to incorporate both hydrophilic and hydrophobic substances and compatibility with different administration routes, thereby making them highly attractive in many aspects of oncology. The expansion of novel nanoparticles for drug delivery is an exciting and challenging research filed, in particular for the delivery of emerging cancer therapies, including small interference RNA (siRNA) and microRNA (miRNAs)-based molecules.

## Introduction

Early in the 21st century, control of cancer is considered to be a major public health issue <sup>[1]</sup>. Despite intensive research efforts over past few decades, cancer remains one of the leading causes of death in the world. Many new methods and techniques have been developed in order to improve diagnosis and treatment, often promising in the beginning, but with limited results during the course of their application.

Nanotechnology is a relatively new branch of science that studies tools and devices of size 1 to 100 nm with various functions at the cellular, atomic and molecular levels <sup>[2]</sup>. Tumor blood vessels have several abnormalities compared with physiological vessels, such as a relatively high proportion of proliferating endothelial cells, an increased

tortuosity and an aberrant basement membrane formation. The rapidly expanding tumor vasculature often has a discontinuous endothelium, with gaps between the cells that may be several hundred nanometers large <sup>[3, 4]</sup>. Macromolecular transport pathways across tumor vessels occur via open gaps (interendothelial junctions and transendothelial channels), vesicular vacuolar organelles and fenestrations. However, it remains controversial which pathways are predominantly responsible for tumor hyperpermeability and macromolecular transvascular transport <sup>[5]</sup>. Colloidal nanoparticles incorporating anticancer agents can overcome such resistances to drug action, increasing the selectivity of drugs towards cancer cells and reducing their toxicity towards normal cells.

The accumulation mechanism of intravenously injected nanoparticles in cancer tissues relies on a passive diffusion or convection across the hyperpermeable tumor vasculature. Additional retention of the colloidal particles in the tumor interstitium is due to the compromised clearance via lymphatics. This so-called "enhanced permeability and retention effect" results in an important intratumoral drug accumulation that is even higher than that observed in plasma and other tissues <sup>[6]</sup>. Controlled release of the drug content inside the tumoral interstitium may be achieved by controlling the nanoparticulate structure, the polymer used and the way by which the drug is associated with the carrier (adsorption or encapsulation).

Current research has therefore focused on developing more efficient local drug delivery or drug-targeted therapies to overcome these obstacles. New therapies are being designed to deliver chemotherapeutic drugs to the tumor at higher concentrations with minimal damage to normal tissues. Examples include drugs conjugated with monoclonal antibodies that bind to molecular targets that are solely expressed on cancerous cells. This allows the drug to be specifically directed to the tumor while limiting its exposure to normal cells that do not significantly bind with the attached antibody. Nevertheless, studies have shown that only 1 to 10 parts per 100,000 of intravenously administered monoclonal antibodies reach their parenchymal targets in vivo, with similar limitations noted for molecular imaging agents.<sup>[7, 8, 9]</sup> A new emerging strategy to overcome these problems is to use nanoparticles for drug delivery, tumor therapy, and tumor follow-up using different imaging modalities.

In recent years, there has been an unprecedented expansion in the field of nanomedicine, with the development of new nanoparticles for the diagnosis and treatment of diseases such as cancer. Nanoparticles have unique biological properties given their small size, allowing them to have a surface area-to-volume ratio that is larger than that of other particles. Their large functional surface area allows them to bind, absorb, and carry other compounds such as small molecule drugs, DNA, RNA, proteins, and probes. Furthermore, their tunable size, shape, and surface characteristics enable them to have high stability, high carrier capacity, the ability to incorporate both hydrophilic and hydrophobic substances, and compatibility with different administration routes, thereby making them highly attractive in many aspects of medicine. Although the design (ie, shape and size) and material from which nanoparticles are made will ultimately determine their physicochemical properties, nanoparticles in general are relatively stable over large ranges of temperature and pH. However, the lack of biodegradation and slow dissolution rates of some nanoparticles raises concern over their safety, especially for long-term administration. Nanoparticles can be categorized into those made from biological-like materials (ie, phospholipids, lipids, dextran, and chitosan), carbon-based materials (ie, carbon nanotubes), and inorganic nanoparticles (ie, those based on metals, metal oxides, and metal sulfides), which also include semiconductor nanoparticles (ie, quantum dots [QDs]). Depending on the composition, their interaction with cells will be quite different.



Fig. 1 Schematic of physicochemical structure of nanoparticle platforms for drug delivery, including core, corona, payload, and targeting ligand



Fig. 2 Nanoparticle platforms for drug delivery. Nanoparticle platforms are characterized by their physicochemical structures, including polymer–drug conjugates, lipid-based nanoparticles, polymeric nanoparticles, protein-based nanoparticles, biological nanoparticles, and hybrid nanoparticles.

#### Nanoparticles as Carriers for Drug Delivery

Drug delivery is one of the major areas in which nanotechnology is helping revolutionize the treatment of cancer. Nanoscale complexes currently being developed consist of 2 main components: the nanoparticle itself, which is used as the carrier agent, and the chemotherapeutic drug.<sup>[10]</sup> The drug can either be adsorbed, dissolved, or dispersed throughout the nanoparticle complex or, alternatively, it can be covalently attached to the surface. In addition to engineering nanoparticles for drug delivery, chemotherapeutic drugs themselves can also be formulated at a nanoscale level.For nanoparticle-drug complexes to be effective in delivering their payloads directly to cancer cells in living subjects, they must fulfill certain criteria:-

- ✓ The nanoparticle must be able to bind or contain the desired drug(s).
- ✓ The nanoparticle-drug complex must remain stable in the serum to allow systemic delivery of the drug.
- ✓ The nanoparticle-drug complex has to be delivered to tumor cells (either by receptor-mediated interactions or via the EPR effect), thereby reducing any unwanted complications from nontargeted delivery.
- ✓ The nanoparticle must be able to release the drug once at the site of the tumor.
- ✓ The residual nanoparticle carrier should ideally be made of a biological or biologically inert material with a limited lifespan to allow safe degradation.



**Fig. 3** The Criteria Nanoparticles Need to Fulfill to Be Effective Carriers for Chemotherapeutic Drugs. (A) The nanoparticle carrier must bind or contain the desired chemotherapeutic drug(s). (B) The nanoparticle-drug complex must remain stable in the serum to allow for the systemic delivery of the drug. (C) The nanoparticle-drug complex must be delivered only to tumor cells. (D) The nanoparticle must be able to release the drug once at the site of the tumor. (E) After drug delivery, the residual

nanoparticle carrier must be safely degraded.

## The Nanoparticle-Drug Complex

## Liposomes

Liposomes and particularly nanoliposomes are one of the most used delivery systems for small molecules, peptides, small and long nucleic acids, and proteins <sup>[11]</sup>. Liposomes were the first nanoparticle platform applied in medicine since Bangham described them in 1961 [12, 13] Nanoliposomes are nanometric (30-100 nm) versions of liposomes formed by expontaneous self-organization of such phosphatidylcholine, phospholipids as phosphatidylethanolamine, phosphatidylglycerol and phosphatidylserine, and other molecules such as cholesterol <sup>[14, 15, 16]</sup>. Importantly, many of the lipids used for liposome preparation are major components of naturally occurring bilayers <sup>[17]</sup>.

More recently, maturation in liposome synthesis and drugencapsulation processes have yielded precise control over combinatorial drug dosing in liposomes. By adjusting the lipid composition, drug concentration during lipid film hydration, liposome incubation process and incubation time, Mayer et al. Were able to load several combinations of drugs into liposomes at comparable and adjustable molar ratios <sup>[18]</sup>. In vivo pharmacological studies with these liposomes revealed that the initial loading molar ratios of different drugs were well maintained in the circulation for up to 24 h. This work makes a significant stride in bridging the gap between in vitro design and characterization and in vivo oncological evaluations. It has been well documented in *in vitro* studies that the molar ratio governs whether two drugs can act synergistically, additively or antagonistically <sup>[19, 20, 21, 22]</sup> For instance, the combination of camptothecin and doxorubicin shows synergistic activity against glioma cells at a molar ratio of 1.5:1 and strong antagonism at 5:1 [23].

However, in clinical studies International about al decadvanced Multipline informational about a studies international about a studies in the studies in the

afterthought and different drugs are administered based on their maximal tolerated dose. By overcoming the dissimilar pharmacokinetics of different drug molecules, ratiometric liposomal formulations enable simultaneous delivery of multiple drugs to the target site at a predetermined and optimal molar ratio. This technology has yielded several products that are currently in clinical trials. For example, CPX-351 is a 5:1 cytarabine and daunorubicin dual drugloaded liposome that is currently under Phase II clinical trial for the treatment of acute myeloid leukemia <sup>[24]</sup>. In murine models bearing HL-60B human leukemia cells, administration of CPX-351 extended the median survival time to 43 days from the 30 days of saline-treated mice. In comparison, ratio-matched free-drug cocktail treatment showed no increase in median survival time compared with saline even at 1.5-fold the dosage of CPX-351 <sup>[25]</sup>. Moreover, CPX-1, a 1:1 irinotecan and floxouridine liposome currently under Phase II trial for colorectal cancer treatment, also exhibited superior anticancer activity in various human tumor xenograft murine models compared with liposomal irinotecan or liposomal floxouridine alone and free-drug cocktail treatment <sup>[26].</sup> It is also worth noting that liposomal co-delivery of irinotecan and floxuridine at an antagonistic ratio showed a poorer response compared with liposomal irinotecan, suggesting that the drug-ratio effect commonly observed in vitro can be faithfully translated to in vivo by liposomal co-encapsulation of multiple drugs. These liposomal platforms could bring a

dosage optimization in combination chemotherapy.

Currently, around fifteen liposomal-drug formulations for different conditions are in clinical use <sup>[27]</sup>. For cancer treatment, some examples include, DaunoXome liposomal daunorubicin) for blood tumors, Doxil and Lipod-dox (PEGylated liposomal doxorubicin) for ovarian and breast cancers, and for Kaposi's sarcoma patients <sup>[28]</sup>. Nabpaclitaxel (Abraxane) represents one of the new strategies to overcome the solvent-related problems of paclitaxel, and was recently approved by the US Food and Drug Administration (FDA) for pretreated metastatic breast cancer patients <sup>[29]</sup>. Additionally, several liposomal formulations are in different clinical trial phases. For, example, nanoliposomal CPT-11, a Phase I study, is used for patients with recurrent high-grade gliomas <sup>[30]</sup>. CPT-11 is a multi-component liposomal formulation containing a camptothecin derivate and a topoisomerase-I inhibitor [31]. Other liposomal drug formulations include, SPI-077 (liposomal cisplatin for solid tumors), CPX-351 (cytarabine: daunorubicin for acute myeloid leukemia), Lipoplatin (cisplatin for non-small cell lung cancer), ThermoDox (a thermosensitive doxorubicin for hepatocellular carcinoma, and other advanced cancers), and Stimulax (an anti-MUC1 cancer vaccine for non-small cell lung cancer). In addition, Yakult Honsha Co., Ltd. developed IHL-305, a PEGylated liposome containing irinotecan<sup>[32]</sup>. IHL-305 is currently in a phase I study for advanced solid tumors [33].



Fig. 4. Liposomal platforms for co-delivery of multiple drugs. (A) Co-encapsulation of multiple hydrophilic drugs (cones and stars); (B) co-encapsulation of lipophilic (cones) and hydrophilic drugs (stars) and (C) co-delivery of hydrophilic drugs (stars) and oligonucleotide drugs such as siRNA (curved lines).

Formulation	Drugs	Indication	Status	Refernces
Drugs				
CPX-351	5:1 cytarabine and	Acute myeloid	Phase II	34
	daunorubicin	leukemia		
CPX-1	1:1 irinotecan and	Colorectal cancer	Phase II	35, 36
	floxuridine			
CPX-571	7:1 irinotecan and	Small-cell lung	In vivo	37
	cisplatin	cancer		
Liposomes co-	6-mercaptopurine	Acute lymphocytic	In vitro	38
encapsulating 6-	and daunorubicin	leukemia		
mercaptopurine and				
daunorubicin				
Liposome co-	1:2 quercetin and	Breast cancers	In vitro	39
encapsulating	vincristine			
quercetin and				
vincristine				
Cationic liposome	Doxorubicin.	Lung cancer	In vitro	40
co-encapsulating	MRP1-targeted	8		
siRNA	siRNA			
and doxorubicin	and BCL2-targeted			
	siRNA			
Transferrin-	Doxorubicin and	Leukemia	In vitro	41
conjugated	veranamil			
liposomes	· • · · · · · · · · · · · · · · · · · ·			
co-encansulating				
doxorubicin and				
veranamil				
verapanni				1

#### **Polymeric nanoparticles**

Polymeric nanoparticles are colloidal solid particles prepared from biodegradable polymers such as chitosan and collagen or non-biodegradable polymers such as poly(lactic acid) (PLA) and poly(lactic co-glycolic acid) (PLGA) <sup>[42,43,44,45,46]</sup>. Their small size (50–300 nm) allows these particles to penetrate capillaries and to be taken up by the cells, increasing the accumulation of the drug at the target site of action <sup>[47]</sup>. The majority of these compounds are formulated through a spontaneous self-assembly process using block polymers of two or more polymeric chains with different hydrophilicity <sup>[48]</sup>. They are considered promising nanocarriers for drug delivery because they can improve the specificity to the target site of action by changing their physicochemical properties and pharmacokinetics <sup>[49, 50]</sup>. The stability of PLGA nanoparticles can be further improved by coating them with PEG <sup>[51]</sup>. For example, Danhier et al. used paclitaxel-loaded PEG-PLGA-based nanoparticles grafted with RGD peptide, and found that the target nanoparticles reduced tumor growth more efficiently, and prolonged survival times of mice, compared with nontargeted nanoparticles <sup>[52]</sup>. A different very promising polymeric nanoparticle is the chitosan based-nanoparticles <sup>[53, 54]</sup>. Chitosan is a natural polymer obtained by the partial N-deacetylation of chitin, the second most abundant

polysaccharide in Nature<sup>[55, 56]</sup>. Doxorubicin (DOX)-loaded chitosan nanoparticles, and DOX-loaded anti-human growth factor receptor 2 (Her2)-surface modified chitosan nanoparticles have been proposed<sup>[57, 58]</sup>. A modified PLGA nanoparticle containing chitosan through physical adsorption and chemical binding methods has also been described<sup>[59]</sup>. However, more in vivo studies are needed to demonstrate the efficacy and safety of PLGA and chitosan nanoparticles as drug carriers.

Many approaches have been taken to co-encapsulate multiple therapeutic agents into a single polymeric nanoparticle. Presently, these approaches can be divided into three major categories, as follows:

- ✓ Directly encapsulating multiple drugs into the hydrophobic polymeric core;
- ✓ Incorporating an additional media compartment to the nanoparticle, usually on the particle surface, to create a separate partition for drug loading;
- ✓ Covalently conjugating multiple drugs to the polymer backbone before nanoparticle synthesis.

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**Fig. 5.** Polymeric nanoparticle platforms for co-delivery of multiple drugs. (A) Bare polymeric nanoparticle for co-encapsulation of multiple hydrophobic drugs (cones and stars); (B) oligonucleotides modified polymeric nanoparticle with hydrophobic drugs

(interior stars) entrapped inside the particle and hydrophilic drugs intercalated in the oligonucleotides (exterior stars); (C) lipidcoated polymeric nanoparticle with drugs entrapped in the polymeric core (interior stars) and lipid envelope (exterior stars) respectively; and (D) polymeric nanoparticle with multiple drugs covalently conjugated to the polymer chains (cones and stars).

HPMA-Gem-DoxGemcitabine doxorubicinandProstate cancer and variousIn vivo6060	
doxorubicin various cancer	
types	
Poly(ethylene glycol)-Doxorubicin andBreast cancer andIn vitro61	
poly(aspartate phosphatidylinositol- various	
hydrazide) block 3 kinase cancer types	
copolymers–Dox– inhibitor (Wor)	
WOR	
Combretastatin– Combretastatin and Lung carcinoma, <i>In vivo</i> 62	
doxorubicin nanocell doxorubicin melanoma and	
various cancer	
types	
Cationic core-shell Paclitaxel and Bcl-2- Breast cancer In vitro 63	
nanoparticles. targeted siRNA	
PDMAEMA–PCL– Paclitaxel and VEGF Prostate cancer and <i>In vitro</i> 64	
PDMAEMA-based siRNA various	
cationic micelles cancer types	
Nanoparticle–aptamer Doxorubicin and Prostate cancer and In vitro 65	
bioconjugates docetaxel various	
cancer types	
Poly(lactic-co-glycolic Vincristine and Breast cancer In vitro 66	
acid) nanoparticle verapamil	
co-encapsulating	
vincristine and	
Verapamii	
Polyaikyicyanoacrylate Doxorubicin and Various cancer <i>In vitro</i> 6/	
nanoparticles cyclosporin A types	
deverybigin and	
cyclosporin A	

 Table 2. Polymeric nanoparticles and polymer-drug conjugates for combination cancer therapy.

#### Dendrimers

Dendrimers are a novel class of nanoparticles that are emerging as a drug-delivery vehicle for cancer therapeutics. They are highly branched globular macromolecules that are synthesized in a stepwise and iterative fashion. The structure of dendrimers can be defined by an initiator core, layers of branched repeating units and functional end groups on the outermost layer. The unique properties of dendrimers make them a desirable platform for concurrent delivery of water soluble and insoluble drugs. Dendrimers offer enormous capacity for solubilization of hydrophobic compounds, and can be modified with guest molecules <sup>[68]</sup>. anticancer drug delivery systems <sup>[69]</sup>. For example, Barker and coworkers produced dendrimers conjugated with fluorescein (FITC) and folic acid (FA) for imaging and therapeutic purposes <sup>[70]</sup>. In this study, dendrimers were linked with complementary DNA oligonucleotides to produce clustered molecules that target cancer cells overexpressing high-affinity folate receptors <sup>[71]</sup>. Limited number of preclinical or clinical studies of dendrimers as drug carriers is currently available. Thus, it is not possible to make any conclusions about the safety and/or efficacy of dendrimers for human use <sup>[72]</sup>.



Fig. 6. Polymeric nanoparticle platforms for co-delivery of multiple drugs. (A) Bare polymeric nanoparticle for co-encapsulation of multiple hydrophobic drugs (cones and stars); (B) oligonucleotides modified polymeric nanoparticle with hydrophobic drugs (interior stars) entrapped inside the particle and hydrophilic drugs intercalated in the oligonucleotides (exterior stars); (C) lipidcoated polymeric nanoparticle with drugs entrapped in the polymeric core (interior stars) and lipid envelope (exterior stars) respectively; and (D) polymeric nanoparticle with multiple drugs covalently conjugated to the polymer chains (cones and stars).

Formulation	Drugs	Indication	Status	Refernces
Generation-3 poly(1-lysine)	Doxorubicin and	Glioblastoma	In vitro	73
octa(3-	siRNA			
aminopropyl)silsesquioxane				
dendrimer				
Generation-5	Methotrexate and	Leukemia	In vitro	74
poly(propyleneimine)	all-trans retinoic			
dendrimer with	acid			
ethylenediamine core				
Generation-4	Methotrexate and	Leukemia	In vitro	75
polyamidoamine	all-trans retinoic			
dendrimers	acid			
Oil nanoemulsion	Paclitaxel and	Ovarian cancer	In vitro	76
coencapsulating	curcumin			
paclitaxel and curcumin				
Mesoporous silica	Doxorubicin and	Ovarian cancer	In vitro	77
nanoparticles	Bcl2-			
	targeted siRNA			

Table 3. Dendrimers and other nanoparticles for combination cancer therapy.

However there is striking evidence that fullerenes can cause International Journal of Advanced MultidisciplinariaRespace 2410,11620459:n38-a54es, and thus, toxicity

Quantum dots (QD) are small (2-10 nm) colloidal fluorescent semiconductor nanocrystals composed from 10-50 atoms of groups II-IV or III-V of the periodic table <sup>[78, 79, 80]</sup>. Their structure consists of a metalloid crystalline core and a shell that protect the core and renders the OD available for *in vivo* applications <sup>[81]</sup>. The size and shape of quantum dots can be controlled precisely, properties that determine their absorption and light emission<sup>[82]</sup>. One of the most valuable properties of QD is their fluorescence spectrum, which make them optimal fluorophores for biomedical imaging <sup>[83, 84,85]</sup>. Fluorescent QD can be conjugated with bioactive moieties or specific ligands (e.g., receptor ligands and antibodies) [86]. QD are stable for months without degradation or alteration <sup>[87]</sup>. QD are mostly used as long-term, high-sensitivity and multicontrast imaging agents for detection and diagnosis of cancer in vivo <sup>[88]</sup>. Other examples of QD applications include transistors, solar cells, and quantum computing. Nevertheless, because they are composed of hazardous heavy metals, it is important to be cautious about their toxicity<sup>[89]</sup>.

#### Fullerenes

Carbon nanotubes and buckyball clusters belong to the fullerenes, a family of structures composed entirely of carbon <sup>[90]</sup>. Carbon nanotubes are carbon coaxial graphite sheets of less than 100 nm rolled up into cylinders <sup>[9]</sup>. They can be classified in to two categories based on their structure: single-walled carbon nanotubes (SWNT) (one graphite sheet) or multi-walled carbon nanotubes (MWNT) (several concentric graphite sheets) <sup>[92]</sup>. They have been applied in biology as biosensors for detecting protein and DNA, diagnostics, and carriers <sup>[93]</sup>. This type of nanoparticle is insoluble in several solvents, provoking toxicity problems and some health concerns. However, they can be chemically modified to make them soluble in water, and functionalized so that they can be linked to active molecules such as nucleic acids, proteins, and therapeutic agents [94]. They structural, and thermal have unique electronic, characteristics that made them appropriate vehicles for drug delivery systems <sup>[95]</sup>. Liu et al. used single-walled carbon nanotubes (SWNT) chemically functionalized with PEGpaclitaxel (SWNT-PEG-PTX) in a xenograft breast cancer mouse model <sup>[96]</sup>. They observed higher tumor uptake of PTX and higher ratios of tumor to normal-organ PTX uptake for SWNT-PEG-PTX compared to taxol and PEG-PTX <sup>[97]</sup>. They also showed effective in vivo delivery of SWNT-PEG-PTX with higher tumor suppression efficacy and minimum side effects than taxol <sup>[98]</sup>. Due to their physicochemical properties, carbon nanotubes have additional applications in the computer, aerospace, electronics, and other industries <sup>[99,100]</sup>. Buckyball fullerenes have been tested in vitro as carriers for conventional anticancer agents (i.e. fullerene-paclitaxel conjugates) [101] and nucleic acids <sup>[102]</sup>.

<sup>[103,104]</sup>. The *in vivo* efficacy and safety of fullerenes require further studies.

## **Metal-Based Nanoparticles**

Metal-based nanoparticles of different shapes, sizes (between 10 to 100 nm) have also been investigated as diagnostic and drug delivery systems. Most common metallic nanoparticles include gold, nickel, silver, iron oxide, zinc oxide, gadolinium, and titanium dioxide particles <sup>[105]</sup>. The large surface area of metallic nanoparticles enable the incorporation of high drug doses <sup>[106, 107, 108]</sup>. Qian *et al.* demonstrated the utility of gold-based nanoparticles in human cancer cells and in xenograft tumor mouse models. They reported the use of biocompatible and nontoxic PEG-gold nanoparticles for in vivo tumor targeting which were spectroscopically detected by surface-enhanced Raman scattering (SERS) <sup>[109]</sup>. Even though metallic nanoparticles are biocompatible and inert vehicles, a significant fraction of metal particles can be retained and accumulated in the body after drug administration, possibly causing toxicity <sup>[110]</sup>. Therefore, the use of metallic nanoparticles for drug delivery is a concern.

## Conclusions

This review has demonstrated many different applications for which nanoparticles are being used in the fight against cancer. Although some nanoparticles have not been successful when being clinically translated, several new and promising nanoparticles are currently in development and show great promise, thereby providing hope for new treatment options in the near future. However, all newly developed nanoparticles, whether they are used as carriers for drugs, therapeutic agents, or imaging agents, will need to be thoroughly characterized physiochemically, pharmacologically, and immunologically before they can be approved for use in humans. The distribution of nanoparticle size, uniformity, and consistency between batches also needs to be tightly regulated. In addition, their high surface area-to-volume ratio, surface reactivity and charge will dramatically alter their chemical and physical properties, resulting in them possessing unexpected toxicities and biological interactions. Although several studies have investigated the toxicity associated with specific nanoparticles, the results are highly variable, <sup>[149, 150,</sup>

<sup>151]</sup> which can be attributed, in part, to the different shapes, sizes, and chemical preparations of nanoparticles as well as the type of human cell line studied. Hence, short-term and long-term toxicity studies will also need to be undertaken in both cell culture and living animal models before they can gain FDA approval for clinical trials. Nevertheless, with our continued drive to cure cancer and our determination to understand the molecular mechanisms that drive this disease to allow its early detection, nanotechnology provides hope in developing new ways to diagnose, treat, and follow patients with cancer in the 21st century.

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TRADE NAME	DESCRIPTION	CANCER	PHASE OF	References
	OF	TARGETED BY	DEVELOPMENT	
	NANOPARTICLE	THE NANOPARTICLE		
Abraxane	Albumin-bound paclitaxel	Metastatic breast cancer	Approved	111
Doxil	Liposomal	HIV-related Kaposi	Approved	112
	doxorubicin	sarcoma, metastatic		
		breast and ovarian		
D V	T · 1	cancer	A 1	112 114
DaunoXome	Liposomal	HIV-related Kaposi	Approved	113, 114
Myocet	Liposomal	EGER2-positive	Approved	115
Wyocci	doxorubicin	metastatic breast	Approved	115
	doxorubiem	cancer		
DepoCyt	Liposomal	Intrathecal	Approved	116
1 2	cytarabine	lymphomatous	11	
		meningitis		
Marqibo	Liposomal	Acute	Approved	117, 118
	vincristine sulphate	lymphoblastic		
0	Delemenie DEC I	leukemia	A manager al	110
Oncaspar	Polymeric PEG-L-	Acute	Approved	119
	asparaginase	leukemia		
Zinostatin	Copolymer styrene	Unresectable	Approved	120 121
stimalamer	maleic	hepatocellular	1 pproved	120, 121
	acid-conjugated	carcinoma		
	neocarzinostatin			
Resovist	Carboxydextran-	MRI contrast agent	Approved	122
	coated SPIO	for imaging		
		hepatocellular		
Genevol-PM	Polymeric	Metastatic breast	Approved	123
Ochexol-1 Wi	methoxy-PEG-	cancer	Approved	125
	poly(D,L-lactide)			
	paclitaxel			
NanoTherm	Aminosilane-coated	Local ablation of	Approved	124, 125
	SPIO	glioblastoma		
XZ /		multiform		126
Ayotax	Poly-L-glutamic	Ovarian cancer and	Phase 3	126
	conjugate with	INSCLU		
	paclitaxel			
NKTR-102	PEG micelle with	Breast and	Phase 3	127
	irinotecan	colorectal cancer		
Mepact	Liposomal muramyl	Nonmetastatic	Phase 3	128
	tripeptide	resectable		
	phosphatidyl	osteosarcoma		
Therese	ethanolamine	II	Dhase 2	120
InermoDox	Liposomal nanoparticle with	repatocellular	rnase 3	129
	thermal	carcinoma		
	release of			
	doxorubicin			

CRLX-101	International Joppial of	Adwanced Multidiscipli	napyaResearch 2(1): (20	15)368-54
	micelle with	cancer		
	camptothecin			
NKTR-102	PEG micelle with	Ovarian cancer	Phase 2	131
	irinotecan			
Genexol-PM	Polymeric	Non-small cell	Phase 2	132, 133, 134, 135
	methoxy-PEG-	lung, pancreatic,		
	poly(D,L-lactide)	bladder		
	Paclitaxel	and ovarian cancer		
CRLX-101	Cyclodextrin-PEG	Renal cell	Phase 1	136
	micelle with	carcinoma		
	camptothecin			
Docetaxel-PNP	Polymeric	Advances solid	Phase 1	137
	nanoparticle	malignancies		
	formulation			
	of docetaxel			
NanoTherm	Aminosilane-coated	Pancreatic and	Phase 1	138,139
	SPIO	prostate cancer		
Cyclosert	siRNA targeting	Solid tumors	Phase 1	140, 141
(CALAA-01)	M2 subunit of			
	ribonucleotide			
	reductase in a -			
	cyclodextrin-PEG			
	nanoparticle	~		
SGT53-01	Transferrin-targeted	Solid tumors	Phase I	142, 143
	liposome loaded			
NOC 465	with the p53 gene		DI 1	1.4.4
MCC-465	Human antibody	Metastatic stomach	Phase I	144
	fragment-targeted	cancer		
	liposomal			
A	Cold nononorticle	Calid to a sug	Dhasa 1	145
Aummune	Gold nanoparticle	Solid tulliors	Phase I	143
	roaded with tumor			
AuroShall	Near infrared	Head and neak	Dhasa (pilot	146 147
Autostiett	irradiation with	cancers	study)	140,147
	aold	cancers	study)	
	nanoshells			
	(localized thermal			
	ablation)			
C-dots	PEG-coated SiO2	Melanoma	IND approved	148

**Note-** HIV indicates human immunodeficiency virus; EGFR2, epidermal growth factor receptor 2; PEG, polyethylene glycol; SPIO, superparamagnetic iron oxide; MRI, magnetic resonance imaging; NSCLC, non-small cell lung cancer; PNP, polymeric nanoparticle; siRNA, small interfering RNA; IND, Investigational New Drug.

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